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***TRUSTEE: ANGLICAN CHURCH OF TANZANIA, DIOCESE OF KAGERA***

## **ANNUAL REPORT JANUARY – DECEMBER 2021**



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## **LIST OF ABBREVIATIONS**

CBIDO	:	Community Based Inclusive Development Organization
CBR	:	Community Based Rehabilitation
CwDs	:	Children with Disabilities
YwDs	:	Youth with Disabilities
PwDs	:	People with Disabilities
VRWs	:	Village Rehabilitation Workers
CBRF	:	Community Based Rehabilitation Facilitator
CYwDs	:	Children and Youth with Disabilities
IRP	:	Individual Rehabilitation Plan
CHF	:	Community Health Fund
SRH	:	Sexual Reproductive Health
DPRS	:	Disability Prevention and Rehabilitation Services
DMO	:	District Medical Officer
NGOs	:	Non-Governmental Organizations
KCBRP	:	Karagwe Community Based Rehabilitation Programme
NSAs	:	Non-State-Actors
IDPWD	:	International Day for People with Disabilities
DPAAs	:	Disabled People Associations

### 1.0.A WORD FROM EXECUTIVE SECRETARY 2021.

This annual report is CBIDO organizational document describing all interventions, activities and goals reached within the period of January- December 2021. From January 2021 CBIDO continued working within 20 program villages in five zones which are **Nkwenda, Rugu, Rwambaizi, Bushangaro and Bugene in Karagwe and Kyerwa** districts focusing in four strategic areas in supporting children and youngsters with disabilities, that areas are:-

- Comprehensive Health and Rehabilitation services
- Inclusive Education Support
- Social Economic empowerment ( Social inclusion, Livelihood and Empowerment )
- Institutional Development ( Governance tools and Infrastructural development)

CBIDO team would like to thank the Almighty God for being with us in both the ups and downs for 2021 and for all the successes we have attained throughout the year. More thanks to the Almighty God that Despite the continuation of the global pandemic challenges of Covid -19 phase I, II and III, CBIDO continued implementing its programmes while taking precautions by sensitizing the staff, beneficiaries and its stakeholders. With this we also offer our appreciation to the Tanzanian government in offering the opportunity for citizens to get Covid -19 vaccination which became one among the preventive measures.

In 2021 is a very memorable year after CBIDO receiving a major national visit by the Deputy Minister from the Ministry of Health, Gender Elderly People and Children, **HON. MWANAIKI ALI KHAMIS** and see how CBIDO performs its services to serve PwDs especially CYwDs in Karagwe and Kyerwa district, this visit increases value and credibility CBIDO to the community members, PwDs, local government authorities and at national levels.

We also extend our gratitude to the Board of Directors, management team and staff, local and central government, internal and external stakeholders, development partners without forgetting Children and Youngsters with Disability and their parents and caregivers in general. Their cooperation and willing to work with CBIDO provided a room for initial implementation of some activities of the Pilot Project of DPRS which expects to be fully implemented from early January 2022 within the three wards of Kihanga, Rugera and Chonyonyo and their respective villages.

On behalf of CBIDO beneficiary, I would like to extend my gratitude and heartfelt thanks to all CBIDO donors whatever little or big you gave meant a lot in transforming lives of CYwDs even though they have been passing through difficult times fighting against Covid -19 but they never stopped their support, if it was not for their generous giving every achievements CBIDO has reached could be impossible. May the Almighty God keep on fighting for them and protecting them.

In special way, I take this opportunity to thank our Patron **Mr. Stijn Skneppers** for all the moral support through the patronage role to CBIDO, through him we continue learn a lot and build our

capacity for the development of the organization. May the Almighty God keep on fighting and protecting him.

Generally, it is difficult to mention one person to another but the management acknowledges every individual's cooperation and collaboration, much appreciations goes to caring, loving, tolerant and supportive families of CYwDs, may the Almighty God bless them day to day.

**Finally we joyfully wish you a Happy New Year 2022**

## **2.0. ABOUT CBIDO**

**Vision Statement:** An inclusive society where Persons with Disabilities attain full potential and live in dignity.

**Mission Statement:** To enhance the resilience and quality of life of children and youngsters with disabilities.

### **Core Values:**

1. **Integrity:** We hold ourselves to the highest standards of honesty, ethical, transparency, accountability and moral uprightness.
2. **Innovation:** We are committed to learning as a basis for continuous improvement of self and others.
3. **Teamwork:** We leverage others' competencies to attain greater efficiency and scale impact.
4. **Solidarity:** We stand with and passionately support PWDs to attain their full potential and dignity.
5. **Inclusion:** Driven by compassion and love for humanity; we champion equitable access to rights, resources and opportunities for PWDs, their families and society at large.

The Community Based Inclusive Development Organization (CBIDO) is a not-for-profit Non-Governmental Organization (NGO) based in Karagwe District of Kagera Region, Tanzania. CBIDO was registered in 2019 with a legal mandate to operate nationally.

CBIDO pursues participatory programme approaches that entail working closely with PWDs, their families and complementary multi-level stakeholders, both State and Non-State-Actors (NSAs). At community level, CBIDO works with Village Rehabilitation Workers (VRWs), who make weekly home visits to support CYWDs. These are besides regular mobile village health clinics, often attended by doctors from local hospitals. Further, CBIDO has full access to KCBRP central rehabilitation center where CYWD receive intensive physiotherapy. The rehabilitation center is also used to train parents/caregivers of the CYWDs and volunteers.

CBIDO's main concern is enhancing the quality of life, dignity and inclusion of Persons with Disabilities particularly Children and Youngsters with Disabilities under the age of 25. CBIDO works in twenty programme villages within Karagwe and Kyerwa districts and its main areas of focus are with respect to Community Based Rehabilitation (CBR) domains that are; **Health, Inclusive Education, Livelihood, Social inclusion and Empowerment** in which CYWDs access

social services. The interventions under CBIDO serves/supports CYWDs through CBR approach/strategy principled by “**Low cost high impacts**”.

The major conditions of CYWDs that CBIDO works with are such as Cerebral palsy(CP), Malnutrition, Epilepsy, Down syndrome, intellectual impairment, sickle cell, Deaf, Autism, Albinism, burns contractures, osteomyelitis, Bowlegs, Knocking Knees, Clubfeet, Hydrocephalus and Microcephalus, Cleft lip and palate, Eye problems, Dwarfism, Elephantiasis, Muscular Dystrophy, Spinal Bifida, Hernia, Amputations, other deformities.

In the year 2021, CBIDO manage to support **1452 CYwDs** in which the targeted for the year was 1,150 CYwDs. Each CYwDs received different kind of intervention depending on IRP but thirty six (36) CYwDs were exited from the programme due to various reasons that include death, poor cooperation, reallocation, over age, and fulfilment of the plans hence remain with **1,416 CYwDs** within the programme at the end of year 2021. In 2022 CBIDO is planning to reach **1,590 CYwDs** in all interventions.

CBIDO in collaboration with the local government of Karagwe district used the year 2021 to prepare for the implementation of pilot project of **DISABILITY PREVENTION AND REHABILITAION SERVICES (DPRS)** in the three selected wards of Kihanga, Rugera and Chonyonyo and its villages. In this pilot project, the interventions will be run under the local government, at ward level and CBIDO will renovate and making equipment available to four dispensaries i.e. Chonyonyo, Rugera, Kihanga and Kibwera to create safe delivery environment for pregnant mothers in those three wards. Maintenance and health facility staff will be responsibilities of wards in collaboration with District. This pilot project will be comprised in the normal CBIDO programmes and the full implementation will start on January 2022.

Furthermore in June 2022 CBIDO will conduct half year evaluation to see how DPRS is going and planning to exit two current zones that are Bushangaro zone and Bugene zone and prepare the new one or two wards for 2023 to replace zones to be exited in December 2022.

### **3.0. IMPLEMENTED ACTIVITIES THROUGHOUT THE REPORTING PERIOD**

In the year 2021 (January – December) CBIDO were implementing its programs following 2021 year plan and strategic plan (2020-2024) in all areas of Community Based Rehabilitation (CBR). Within this period CBIDO working closely with Village Rehabilitation workers and zone Facilitators as a bridge between CBIDO and community, in that circumstance the community is progressing to be aware on disabilities issues. As well CBIDO progressed using its expertise (Multi-disiplinary Rehabilitation team) to support children with disabilities in all areas of CBR.

The implemented activities were as follows;

#### **3.1. COMPREHENSIVE HEALTH AND REHABILITATION.**

Through this intervention awareness has been created in the communities related to disabilities in prevention strategies, rehabilitation and habilitation. Many of CYwDs have shown some improvements with restoration of their functions and some have their disabilities corrected through

treatment/operational support, therapies and provision of assistive devices and later participation and inclusion.

### 3.1.1. Home Visits

Within the period of January – December 2021, CBIDO has reached a total number of one thousand three hundred and thirty (1,333) of Children and Youngsters with Disabilities (CYwDs) during the field work (home visits) with a total number of three thousand one hundred and seventy two (3172) home visits conducted by zone facilitators and Village Rehabilitation Workers (VRW's) in 20 villages within CBIDO five zones (Nkwenda, Rugu, Rwambaizi, Bushangaro and Bugene).

Facilitators conducted field works four days in a week in which together with VRWs they were able to set individual rehabilitation plan (IRP) for each child. The individual rehabilitation plans set included plans for treatments, therapies, school, parental trainings, livelihood program and psychosocial support. Furthermore they provided referrals to the rehabilitation Centre, hospitals and health Centers for further expertise, as well they also prescribe, make and repair local assistive devices and making follow-ups.



***CBIDO facilitator performing an assessment for the new beneficiary during home visits***





*CBIDO facilitator teaching ADLs to CwDs during home visit*

### **3.1.2. Outreach clinics**

CBIDO conducted eighteen (18) outreach clinics in eighteen (18) programme villages in which a total of 1261 (698 Male, 563 Female) with and without disabilities were gathered in one place in a village like at the health centre, Village office(s) or any other public building to meet with zone Facilitators, VRWs and specialists depending on the programme village need such as Optician, Psychosocial counsellor, Physiotherapist, Occupational therapist and Nutritionist mainly for identification of people with disabilities.



*An Optician examines the eye during outreach clinic.*

Those outreach clinics were organized by zone facilitators and VRW in collaboration with chief field officer in respective zone and villages. Community members were imparted for awareness on various issues related to disabilities, for prevention and specialist conducted simple therapies, making follow ups according to individual plans and assessment for beneficiaries, optical services



(spectacles and eye medications), and referrals were provided to those who needed for further expertise management both at CBIDO, KCBRP rehabilitation centre and other health facilities, prescription of assistive devices, and if during the home visiting time VRW or Facilitator meet a very complex case(s), this is good time for the team to make right decision since there are multi-disciplinary teams.

### **3.1.3. Practical training to both parents and Village Rehabilitation Workers (VRWs).**

During the reporting period of January – December, 2021, CBIDO conducted seven (7) practical trainings to parents of CWDs and VRW's and reached seventy two (72) parents and their children with disabilities. these sessions were done both theoretically and practically whereby parents came together especially those with children with severe disabilities to share understandings and learn from each other on how to better support and take good care of their children and acceptance as well as to impart them with skills on how to do simple therapies at home, feeding and nutrition issues.



***A VRW (in the left side) instructing parents of CWDs to prepare nutritional food during parental training session***

Parents and their children with disabilities stayed for 5 days and learn practically and theoretically where CBIDO specialists (Physiotherapist, Occupational therapist, Nutritionist and Psychosocial counsellor) in collaboration with respective zone facilitator were responsible in handling the whole week session for 5 days, VRWs are joined the session to practically learn what physiotherapist and occupational therapist do per each child so as they are able to make follow ups, but also they can use the gained skills/knowledge to help other many children from their respective village programmes, various topics such as feeding and nutrition, small businesses hygiene, therapies, child with disabilities acceptance in their families and communities

### **3.1.4. Intensive therapies**

In the year 2021, CBIDO conducted intensive therapies once each month to one hundred and thirty one (131) children with disabilities with potentials of improving and it was done for the main purpose of helping children to improve. Most children brought for these session were those with difficulties with activities of daily living, social interaction difficulties and with the aim to train them on this skills in preparing them for schools, self-independency, social interaction and participation in different home base activities. Through this training CBIDO manage to conduct a recorded ration presentation together with the parent were they have got to express their opinion on our services, testimony on their children progresses through our services.

The intensive therapies were conducted at KCBRP rehabilitation centre were CWDs attended by a multi-disiplinary team of a physiotherapist, Occupational therapist, Nutritionist and a Psychosocial counsellor for five days in which each child was attended depending on his/her condition and the priorities on IRP. (Individual Rehabilitation Plan) made, therapies being offered individually as well as a group.



*CBIDO's facilitator practicing independent step making with one of the children with moderate CP during Intensive therapy session*

### **3.1.5. Support for referrals and treatment/operations**

Within the reporting period (January – December 2021), CBIDO manage reach one hundred and thirty three (133) CYwDs with different complicated cases like osteomyelitis, bowlegs, web finger, knocking knees, spinal bifida, hydrocephalus, hernia, clubfoot, light thigh myositis, Complicated Fractures, Brittle bones, Burn Contractures that can be rehabilitated through surgery and therapies were referred to referral hospitals such as St. Joseph hospital Kagondo, Bugando Medical Centre, CCBRT, Bukoba Government hospital and Nyakahanga Designated District Hospital for expertise managements and others with epilepsy and sickle cell were referred to different health centres for regular medications.



*A young men with chronic Osteomyelitis before, during and after treatment*

CBIDO managed to support CYwDs with transport costs, operations costs, consultation fee, investigations fee (including x-ray and laboratory fees), medication costs and hospital upkeep while beneficiaries contributed 40% of the treatment costs as their cost sharing though most of them failed because of the higher treatment/operation costs. All clients were successful managed and others are still on regular hospital follow-ups.

### **3.1.6. Physiotherapy at the center and home visits**

Within the year 2021, a total number of two hundred and twenty eight (228) CYwDs were referred to physiotherapist by Zone facilitators and VRWs for more expertise assessment, diagnosis and physical therapies. Clients were provided with different kinds of physiotherapy treatments depending on individual specific requirements such as manual therapies, exercise programmes and electrotherapy techniques (TENS) to prevent further complications as well as improving their functional abilities and also they were provided with right referrals depending with their disability conditions like referral to hospitals for those needed the medical care/treatments. During the



therapy sessions parents were also trained with simple therapies so that they continue while at home.

Physiotherapist in collaboration with occupational therapist were prescribed appropriate assistive devices and make fitting and repair to ensure the devices help a child to improve especially in participation.



*Physiotherapist practicing physical therapy for a child with a physical disability*

### **3.1.7. Occupational therapy**

A total number of two hundred and fifty eight (**258**) of CYwDs who have physical, sensory and cognitive problems were referred by Zone facilitators and VRWs and attended by CBIDO Occupational therapist. An occupational therapist used the everyday activities, exercises and other therapies to help develop fine motor skills, improve hand-eye coordination, master basic life skills such as dressing, washing, feeding, schooling, toileting, playing, household activities and social issues.

Within 2021, Children with disabilities were attended at the Centre for follow-up, and others were new clients referred from other places, others were for self-referral, others attended during home visits, outreach clinics, parental and intensive trainings. Occupational Therapist managed to prescribe and collaborated with local technician in making and distributing different assistive devices for the children who assessed and observed to have functional and postural challenges, in order to help them in functionality and participated in different social events and activities.



*Occupational therapist  
(with a black jacket)  
train a parent on how to  
practice simple  
occupational therapy  
during home visits*

### **3.1.8. Nutritional therapy**

Within the year 2021, a total number of four hundred and thirty (430) Children and youngsters with disabilities were attended by CBIDO nutritionist. The nutrition sessions were done both individual and group sessions, whereby parents were taught both theoretically and practically on balanced diet, how to prepare and feed their children and nutritionist in collaboration with occupational therapist and physiotherapist they were take time to practically train parents so as they could continue with the same feeding sessions at home. For those children that severely malnourished they were referred to health centers and Nyakahanga hospital for further expertise managements and they were provided with nutritional supplements.



CBIDO nutritionist worked closely together with district nutrition officer for follow-ups as a result of nutritional education provided, parents of CWDs have been encouraged to set up farms including vegetable gardens especially during this rainy season to facilitate access to nutritious foods.



*Nutritionist (in the left hand with black shirt) following how parents feed their children*

### **3.1.9. Psychosocial counseling**

CBIDO psychosocial counsellor attended six hundred and seventy six (676) parents/ care givers from programme villages within the period of January – December 2021. These parents/caregivers were referred to the psychosocial counsellor because they had problems such as family issues, separation, denials, false beliefs, child abuse and some complained about financial issues, which in turn could affect the CWD in one way or other.

The counselling sessions were done in groups as well as individually and through counseling services, parents/care giver have accepted the challenges they were faced to use the resources they have to solve their own problems, also they were provided with information to change their perception towards CYwDs, psych-educating on self-awareness, parenting care and acceptance.



*Psychosocial counsellor (with black coat) during home visits*



### 3.1.10. Assistive devices

Within the reporting period, Physiotherapist in collaboration with an Occupational Therapist managed to prescribe appropriate assistive devices, make fittings and repair to guarantee the devices help a child to improve physically and functionally. The total number of one hundred and fifty four (154) assistive devices were prescribed and distributed to children and youngsters with disabilities, assistive devices were prescribed following the child condition.



*A CwD supported with wheelchair*



*A child sitting in a special chair*



*A teenager with amputation before and after provision of an artificial leg.*



*CBIDO staff and a parent of a CWD doing therapies to a child in a locally made standing frame*

The assistive devices provided were local assistive devices which were prescribed and made by VRWs in collaboration with zone facilitators for those complicated cases they were referred to Physiotherapist and Occupational Therapist to make appropriate prescription and ask carpenter to make as per requirements, other assistive devices were imported such as wheelchairs, walking sticks and crutches. The assistive devices provided to CYwDs has helped them to improve their functional abilities, strengthening their muscles, positioning as well as mobility as well as participation in social-economic activities.

The table below shows the assistive devices provided to CYwDs.

<b>ASSISTIVE DEVICE</b>	<b>NUMBER OF ASSISTIVE DEVICES PROVIDED</b>
<b>Corner chairs</b>	27
<b>CP special chairs</b>	22
<b>Prone standing boards</b>	25
<b>Walking bikes</b>	08
<b>Toilet seat</b>	05
<b>Wheelchair</b>	12
<b>Crutches/walking sticks</b>	13
<b>Parallel bar</b>	21
<b>KFO sprint</b>	02
<b>Standing frame</b>	15
<b>AFO sprints</b>	01
<b>Neck collar</b>	02
<b>SFAB splints</b>	01
<b>TOTAL</b>	<b>154</b>

### **3.1.11. Register and Support families living with children with disabilities for social protection scheme/Provision of Community Health Fund (CHF)**

Within the year 2021 CBIDO planned to reach 180 families of children and youngsters with disabilities but in collaboration with families, CBIDO manage to register and provide CHF cards to 206 families of CYwDs, each family benefited from this scheme contributed Tshs. 15,000/= and Tshs. 15,000/= was covered by CBIDO in which each family six (6) people was registered and benefited from this scheme.

CBIDO supported for this scheme to families of CYwDs so as to help them to use the money which were used for treatment costs to other family needs that entails to improve the conditions at individual child with disabilities and at the whole family level, the served money could help in the following, get nutritious food staffs, transport to attend rehabilitation programmes such as parental trainings, intensive therapies, cost sharing for assistive devices and operations/treatments that were not covered by CHF.



CBIDO worked together with the collaboration of District Coordinator of CHF where VRWs in collaboration with their zone facilitators worked closely with families within the programme villages. This insurance worked to all government health facilities within the region.



*The beneficiaries being supported with Community Health Fund*

### **3.1.12. Sexual Reproductive Health**

Within the period of January – December 2021, a total number of four hundred and sixty four (464) youngsters with and without disabilities, parents/ care givers of CWDs and the community at large were provided with sexual reproductive health education, whereby they provided with the right information about sexual transmitted diseases, safe plan (contraceptive methods), and Gender based violence and Self-awareness. This has changed the mindset of most of people provided with this education, they have become very open and they can now speak out about their rights and health issues. Under this intervention, twenty (20) women, three (3) men and 1(one) child were referred to different health centres/hospitals for check-ups and medications where by everyone was managed according to ones investigations results.



*CBIDO Psychosocial counsellor providing reproductive health education to community members*

### **3.1.13. PREPARATION OF DPRS**

In the 2021 CBIDO was in the preparation of a pilot project of Disability Prevention and Rehabilitation Services (DPRS) to the selected three wards that were Kihanga, Rugera and Chonyonyo and introduce the project to the members of communities. During this reporting period, CBIDO was able to conduct capacity building training to CBRF and VRWs who will be serving in all villages within Kihanga, Rugera and Chonyonyo wards.

CBIDO has also held various trainings and seminars with village chairpersons, ward councilors, head teachers and health care professionals from the new wards where CBIDO will implement the DPRS project in those wards. CBIDO has held meetings with government officials/experts from Karagwe District Council from the office of social development, social welfare, NGO's coordinator and the office of the DMO. Also facilitate the formulation and formation of DPAs to 12 villages from new wards, preparation of various manuals, make screening and assessment camp to PWDs.

CBIDO will implements this a pilot project in collaboration with the local government of Karagwe district to join forces and budgets, to improve the services and inclusion of PWDs and to make their interventions durable and continuous (sustainably). CBIDO will be the government's partner in co-funding and support the full implementation, where Chonyonyo ward was opt for 3 years, Kihanga ward was opt for 4 years and Rugera ward was opt for 5 year of implementations. The project will take off from January 2022 and will be integrated in the normal programmes of CBIDO.



*Capacity building training session to CBRF*



### 3.2. INCLUSIVE EDUCATION TO CHILDREN WITH DISABILITIES

For the purpose of Increasing/retaining number of CWDs attending both inclusive, integrated and special schools for their right of education, within the year 2021, CBIDO in collaboration with Karagwe district council supported One hundred and eighty (180) CYwDs who studied within and outside Karagwe district with scholastic materials, school contributions and boarding fees and transport to and from school. These CYwDs were studying at Mugeza inclusive primary school (23), Mugeza School for Deaf (01), Kaigara School with special unit from Muleba (31), Kitengule (24) others were in regular primary and secondary schools located in their villages like Nyakahanga, Rukole primary school, Maguge primary school, Ruhinda secondary school, Mabira sec. school, Kituntu sec. school, Igurwa, Dodoma sec school, Ibanda sec. school and others are in colleges/universities.



*Some of CwDs supported by CBIDO doing class works during class session at school*

The table below shows number of student supported by CBIDO in primary schools, secondary schools and collages/universities;

S/NO.	SCHOOLS	NUMBER OF BENEFICIARIES
1.	Primary schools	152
2.	Secondary schools	23
3.	Collages/Universities	05
	<b>TOTAL</b>	<b>180</b>

In 2021, CBIDO collaborated with school committee and parents to construct a special class with friendly infrastructures at Maguge primary school located in Kihanga ward, Karagwe district for children with disabilities with the financial support from Barcelo foundation, the classroom will start being used from January 2022.



*A special unit class constructed at Maguge primary school*

### 3.3. LIVELIHOOD PROGRAMMES

In the area of Livelihood, CBIDO aims to reach youngsters with disabilities both young women and boys with disabilities. In 2021 CBIDO registered a total of 56 young women (43 with disabilities and 13 without disabilities) to vocational training centres (polytechnic) for one year training and were being trained on tailoring, sweater knitting and leather materials production as their co-courses, also young women learned on other skills like gardening, entrepreneurship and marketing skills, knitting bed sheet, socks and piece of clothing for decoration and other life skills. Vocational skills training was offered in three Centre's that are CBIDO Training Centre in Kayanga, Rugu Community-based Training Centre at Rugu ward and Karongo Community-based Training Centre at Rwabwere ward.

Out of 56 young women registered in 2021, 55 young women graduated from the three centers only 01 dropped from the training because she returned home after undergoing breast cancer surgery.

*Table below shows number of trainees (young women) that has graduated from three vocational training centers for 2021*

S/NO.	TRAINING CENTER	NUMBER OF TRAINEES
01.	CBIDO Training Centre; whereby <ul style="list-style-type: none"> <li>• 07 - on Tailoring</li> <li>• 13 - on Sweater knitting</li> <li>• 09 - on Leather materials production</li> </ul>	29
02.	Rugu Community-based Training Centre	14
03.	Karongo Community-based Training Centre.	12
	<b>TOTAL</b>	<b>55</b>



Furthermore after the graduation, CBIDO supported machines and other start-up kits as startup capital to young women graduated on tailoring and sweater sewing while for those who graduated from the leather production class, their parents could not afford to buy the machines or connect them anywhere because the machines are very expensive will remain at CBIDO center for one year guidance and care in order to enable them to work together and gain experience while their parents / guardians continue to raise money for them to buy leather machines even though they are expensive.



***CBIDO board of directors' chairperson, parents and community members looking at work done by young women with disabilities***

CBIDO linked eleven (11) young boys with disabilities to both available vocational training institutes and personnel with vocational skills for skills training. CBIDO continued covering 60% of the training fees and the beneficiaries covers for the remaining 40%. The boys with disabilities takes different courses depending on their interests like welding, tailoring, sweater knitting, mason, carpentry and mechanic. At this time they are all progressing well.



***A young boy with disability (wearing a hat) who linked to local personnel with vocational skills for welding skills training.***

**The table below shows number of boys linked to vocational training and their course**

TRAINING COURSE	NUMBER OF BOYS	TRAINING CENTRE
Carpentry	6	Village
Tailoring	2	Village
Welding	2	Village
Computer	1	Village
<b>TOTAL</b>	<b>11</b>	

### 3.4. SOCIAL INCLUSION

In this year 2021, CBIDO in collaboration other stakeholders emphasized on the inclusion of children and youth with disabilities (CYWDs) and their caregivers to participate in social activities like to attend on religious events, community meetings, environmental cleaning, sports and games, inclusive education and domestic chores.

CBIDO emphasis this through radio programs which were conducted weekly in available local radio, that was Fadeco Radio and Karagwe Radio, home visits, outreach clinics and through sports and games events whereby community sensitized on various disability issues. In order for the sensitization of participation of CYWDs in various events, CBIDO has been participated in various events as a movement to sensitize the community awareness about disability issues and PWDs to participate in those events. The events were as follows

- **Sports and Games**

CYWDs participated on various sports and games for them to be active and also improve social inclusion. CBIDO facilitated to initiate the new game known as SLOW BALL to YwDs in Karagwe and Kyerwa district, and to do this, CBIDO prepared to empower all its staff including zone facilitators and VRWs to play the game and go to teach it to CYWDs in their villages, the games will expected to be played more in the year 2022.



**YwDs learning to play slow ball game**

- **International Women's Day**

On 8<sup>th</sup> March 2021, the global was celebrating the International Women's Day (IWD) and CBIDO contributed and attending the event on the cerebrations of international women's day which had the theme "*Women in leadership; Achieving an equal future in a Covid-19 world*". That day was one of the most important days of the year celebrated women's achievements, raise awareness about women's equality, lobby for accelerated gender parity and fundraise for female-focused charities which it also have a positive impact to women with disabilities. The contributions were made to the local government authorities.



- **African Child Day**

On June 16<sup>th</sup> every year, Africans commemorate the African Child Day, the day aims at raising awareness on the situation of children in Africa, and in 2021 CBIDO in collaboration with Karagwe district authority commemorate this day by bringing together children with disabilities and those without disabilities to raise their voices upon equity and equality and participate in different sports and games such as music and dances etc. The theme for the day of African child day 2021 was: *“30 years after the adoption of the charter: Accelerate the implementation of Agenda 2040 for an Africa fit for children”*

- **Palliative care day**

The aim of this day is to improve quality of life for both the patient and the family, on **11<sup>st</sup> October 2021**, CBIDO participated, contributed and attended the event of World Palliative Care Day, and the day was specialized for medical care for people living with a serious illness. World Hospice and Palliative Care Day organized by a committee of the Worldwide Hospice Palliative Care Alliance, a network of hospice and palliative care national and regional organizations that support the development of hospice and palliative care worldwide.

- **World disability day (IDPWD – International Day for People with Disabilities)**

The International Day for People with Disabilities (IDPWD) commemorated on 3<sup>rd</sup> December each year, and in 2021 CBIDO in collaboration with local government authorities of Karagwe and Kyerwa district, children and Youth with disabilities, parents/care givers and members of communities participated on the event and dialogues on protection of the rights of people with disabilities. Also CBIDO use that day to sensitize the community about disability issues towards challenges, barriers and opportunities for people with disabilities in the context of global pandemic of Covid-19 through radio programmes.

The theme of IDPWD 2021: *“Leadership and participation of persons with disabilities toward an inclusive, accessible and sustainable post-COVID-19 world.”*



*Participation of YwDs during worship/mass session*

#### 4.0. ECONOMIC EMPOWERMENT

In the year 2021, CBIDO continue to monitor the sustainability of 20 DPAs in 20 programs villages and facilitated the formation of 1 DPA and make a total of 21 DPAs. CBIDO has been able to encourage the formation of 21 groups of people with disabilities or parents of children with disabilities. CBIDO aim to bring together people with disabilities and parents of children with disabilities to share experiences in raising or living with children with disabilities as well as to discuss how to get out of poverty and develop strategies to lobby and advocacy to defend rights of people with disabilities.

Through these DPAs, people with disabilities were empowered, mobilized, linked and recognized by the local government where all 21 DPAs monitored by CBIDO, were registered and officially recognized at the district level. As up to December 2021 a total of 12 DPAs have been able to benefit from 2% of interest free loans provided by Karagwe district council. CBIDO in collaboration with the District Community Development Officer has conducted and continues to monitor and ensure that the funds provided are used as planned.

The table below shows the number of DPAs benefited from 2% of interest free loans from district council

S/No.	NAME OF DPAs	NAME OF VILLAGE
01.	UPENDO	KIBONA
02.	TUINUANE	KIGARAMA
03.	TWAZEZA	KATEMBE
04.	UPENDO	KAYUNGU
05.	TUWEZESHANE	IHANDA
06.	UMOJA	BUGENE
07.	TUMAINI	NYAISHOZI
08.	TUPENDANE	KAMAGAMBO
09.	MKOMBOZI	KAFUNJO
10	BATUYAMBE	IHEMBE II
11	WAVEURUKA	RUHITA
12	NYAMIKA	KASHESHE

CBIDO in collaboration with chonyonyo, Kihanga and Rugera wards leaders and community members, mobilized the formation of 7 DPAs with the aim of bringing people with disabilities together in order to share experience, economic empowerment and joining efforts for lobbying and advocacy activities for people with disabilities.

## 5.0. INSTITUTIONAL DEVELOPMENT

- *On the month of September 2021, CBIDO were visited by Deputy Minister from the Ministry of Health, Gender Elderly People and children, this visit increases CBIDO credibility at local government authorities and at national levels, also it values the importance and contributions of CBIDO programmes to the communities. On the other hand CBIDO were visited by officers from Prime minister's office (Policy, coordination, Parliament, labour, Youth, employment and people with disabilities) this visit counted in CBIDO among stakeholders who support for life skills in national data base for youth with disabilities employability.*



*The Deputy Minister from the Ministry of Health, Gender Elderly People and children Hon. Mwanaidi Ali Khamis listens on how YwDs empowered by CBIDO*

- CBIDO in collaboration with local government authority has expanded its services from 20 programme villages to 33 villages i.e. Chonyonyo, Kihanga and Rugera wards and its villages, and hired 3 Community Based Facilitators and 13 Village rehabilitation workers who will work in that wards.
- Within the year 2021, CBIDO manage to purchase three motorbike for three Community Based Rehabilitation Facilitators (CBRF) from Kihanga, Rugera and Chonyonyo wards. The motorbike make simpler transportation for facilitators to be able to mobile easily during field works and home visiting to reach CYwDs at right time at their villages. Also CBIDO managed to purchase 3 computer laptops to facilitate functionality for staffs.
- CBIDO has started the construction of dining hall to be used by youngsters with disabilities studying and living at the CBIDO training center. This dining will reduce the disturbance

following the unstable climate of our context which always changes over time like sunny and rainy.

- Disability issues are cross-cutting issues that need to learn time to time on how to provide services to PwDs, within the year 2021 CBIDO has been doing staff trainings for capacitating his staff and VRWs on disability issues. This training has been conducted on a quarterly basis using CBIDO specialists or by hiring an external facilitators outside CBIDO
- In 2021, 11 staffs from CBIDO had a learning and exchange visit to Moshi and Same in Kilimanjaro and in Kigoma, the visited organizations are doing CBR and are at different levels, in Moshi and Same they were visited with organization sustaining projects like animal husbandry, agriculture, small industries, dispensaries and specialized hospitals. In Kigoma they were dealing with children with intellectual impairments, they have various stimulating sessions to beneficiaries and livelihood programs some of which CBIDO have adopted and plan to contextualize in the catchment areas for improvements. On the other hand CBIDO were visited by Caritas Rulenge diocese of catholic who are implementing CBR programme, they came to learn composition of CBIDO team both field workers and specialists, DPAs and structure of working systems, they learnt a lot and shared their learning visit.
- Also within the year 2021, CBIDO received its donors, Barceló Foundation and KCBRP who came for monitoring visit, they came to see the progress of the projects which involved physical visiting in programme villages and in families receiving various support from CBIDO in which donors and CBIDO exchanged experiences and learnings various developmental issues were discussed and will be part of 2022 implementation



*A representative from Barceló Foundation and some of CBIDO staff seeing some of works done by polytechnic students*



*The table below shows the donors that through their funds and supports made the above reported projects/programmes possible;*

S/No.	NAME OF THE DONOR/DEVELOPMENT PARTNERS	COUNTRY
01.	ANGLICAN AID	Australia
02.	Barcelo Foundation	Spain
03.	Benjamin Stitching	Netherlands
04.	Benjamin Foundation	Netherlands
05.	FoCT (Friends of Children of Tanzania)	UK
06.	FOT (Friends of Tanzania)	US
07.	KCBRP / Lilian foundation	Tanzania & Netherlands

From January to December 2021, CBIDO managed to do what has said above with the following team who contributed importantly to the milestone and success as explained above.

S/NO	POSITION	TOTAL NUMBER
01.	Executive Secretary	01
02.	Accountant	01
03.	Physiotherapist	01
04.	Occupational therapist	01
05.	Psychosocial counsellor	01
06.	Nutritionist	01
07.	Monitoring and Evaluation	01
08.	Security guard	01
09.	Support Staff	02
10.	Life skills programme trainers	04
11.	Community Facilitators	05
12.	Village Rehabilitation Workers	20

In order to implement its intervention with good results to persons with disabilities, in the year 2021, CBIDO collaborated with other stakeholders where their contributions were very important to support and serve persons with disabilities. The following were number of stakeholders who work closely with CBIDO in 2021;

- Local government leaders
- Donor agencies/ Development partners
- Religious institutions
- Financial institutions
- Health facilities
- Educational institutions
- Disabled People Associations (DPAs)

- Medias
- Individuals with disabilities, their parents and care givers.
- Community and other Non-Governmental Organizations (NGOs)
- Furthermore CBIDO cooperate with different networks such as KCBRP, Tanzania CBR network, Karagwe development network and DPOs.

## **4.0. SUCCESS CASE STORIES**

### **4.1. ISACK JOHN SUCCESS STORY**

Isack John is 14 years old boy born on 30<sup>th</sup> May 2007 in sub-village of Chabaita in Kafunjo village within in a family of Mr and Mrs John Ruwawa. Isack is the last born among the eleven children whereby only five of them are still alive and the rest have passed away. Isack's father is 93 years old and his mother is 73 years old. Due to poor economic status of the family Isack was not sent to school instead he was taken by a rich man to go and look after his cattle's at the age of 10 years. He did the job until January 2020, when he developed a wound on his right leg which made him unable to continue with job. Therefore he decided to go back to his mother, by this time his parents had separated, his mother could not afford to take her to hospital for treatment instead he was being treated with local medications.

Isack was identified by CBIDO through good Samaritans who reported his information to the Village Rehabilitation Worker and the facilitator on August 2020, by this time Isack had a swollen leg and wounds were discharging puss, and because of pain he could not come up to sitting. After identification many efforts were applied by consulting different stakeholders in order to save him. CBIDO consulted the villagers and village leaders about Isack's condition and his need of immediate treatment. Some of the village members offered food materials including; maize flour, milk, fruits, and some offered little amount of money to support them with hospital upkeep when he will be admitted.

Because of the state of his condition Isack could not use the public transport to hospital, therefore he was taken from his home to Kagondo hospital in Bukoba district using the CBIDO car. At hospital he was diagnosed with severe osteomyelitis, he was admitted for 10 months where went through several operations and blood transfusions. On May 2021 he was discharged back home after recovery, although his right leg had become shorter than the other because of several bone sequestration. He was provided with crutches that he will be using for the time being to support him with walking while waiting for the compensation shoe to be made.

On returning home from hospital after ten months of hospital admission, they found his house that they were living in was demolished due to heavy rainfall that were raining, but the villagers gathered and encouraged each other to start rebuilding the house. It was a very comforting thing to Isack and his mother.

***“It is a miracle, we never thought Isack could be healed, we though he was going to die, we had already given up over him. We are so happy to see him back, we are so thankful to CBIDO with their support and to for us too, even though we did not contribute much, but we are so proud of ourselves that we have contributed for his healing, and indeed we have learned something”***  
.....Said one of the neighbors



Isack before treatment



Isack during treatment



Isack after treatment